



A NEW Nicotine Anonymous Event
Saturday, June 15, 2019
10:00 am to 8:00 pm



Breath of Fresh Air

A Day in the Country Retreat

Join us for our 1st annual NICAMAR Retreat

Schedule of Activities

10:00 am	Arrival
10:30 am	1 st NicA Meeting on a hayride
12:00 pm	Lunch
1:00 pm	Refresh, recreate, renew play horseshoes, walk meditate or just relax
2:00 pm	2 nd NicA Meeting – Garden-side
3:30 pm	Refresh, recreate, renew play horseshoes, walk meditate or just relax
5:00 pm	Dinner
6:00 pm	3 rd NicA Meeting by a Bonfire
8:00 pm	Farewell until next year

RSVP for attendance,
accommodations, and
driving directions

kghuffer@verizon.net
240-674-5010

5951 Keysville Rd.
Keymar, MD 21757

NICAMAR
410-964-2180
<http://nicamar.homestead.com>

Rain or shine, the event will feature meetings, good food, and great fellowship. Alternative activities are planned for inclement weather.