

## Voices of Nicotine Recovery (VONR)

## 15th Anniversary Marathon

## October 13, 2019

VONR's primary purpose is to offer support to those who are trying to gain freedom from nicotine. We are a "voice" meeting site, meaning that our online meetings take place in a "voice enabled" room. We can literally talk to and hear each other share. We also have a message board for on-going communications, support, and fun throughout the day and night.

## PLEASE JOIN OUR "15th Anniversary Marathon" All day Sunday 10-13-19 Starts 8AM EST

PC and Mac users can go to the Paltalk website at: http://www.paltalk.com to download free Paltalk software client, and install it on your PC or Mac computer. Then create an account with a username and password on your own computer. When you click on the Paltalk icon on your desktop, it automatically connects you to Paltalk. **iPhone, iPad, and Droid** apps are also available from their respective app stores, for free. Select **Chat Rooms > Health > Overcoming Addiction > Voices of Nicotine Recovery**.

Any listing of businesses or organizations used to help us carry our message of recovery does not represent an endorsement of either by Nicotine Anonymous.

