



# Celebration of Freedom Marathon

July 13, 2019

6:30am TO close of Midnight Meeting (EDT)

**VONR's primary purpose is to offer support to those who are trying to gain freedom from nicotine. We are a Nicotine Anonymous "voice" meeting site, meaning that our online meetings take place in a "voice enabled" room. We can literally talk to and hear each other share. We also have a message board for on-going communications, support, and fun throughout the day and night.**

**PC and Mac users** can go to the Paltalk website at: <http://www.paltalk.com> to download free Paltalk software client, and install it on your PC or Mac computer. Then create an account with a username and password on your own computer. When you click on the Paltalk icon on your desktop, it automatically connects you to Paltalk.

**iPhone, iPad, and Droid** apps are also available from their respective app stores, for free. Select **Chat Rooms > Health > Overcoming Addiction > Voices of Nicotine Recovery.**



We are a Nicotine Anonymous online group.

Find our regular meeting schedule and recovery resources at [voicesofnicotinerecovery.com](http://voicesofnicotinerecovery.com)