



**VOICES OF NICOTINE RECOVERY INTERGROUP CELEBRATES
NOVEMBER IS NICOTINE ANONYMOUS GRATITUDE MONTH**

ONLINE ACTIVITIES from 8AM to 2AM EST - NOVEMBER 12

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| 8 AM GRATITUDE MEETING | 4 PM OUTREACH COORDINATOR |
| 9 AM <u>NICOTINE ANONYMOUS NEWCOMER'S BOOKLET P. 49</u> | 5:30 SLOGAN MEETING -GRATEFUL FOR GRACE...AFTER CHAT |
| 10 AM CHAIRPERSON ELECT/
SERVICE STRUCTURE COMMITTEE | 7 PM RATIONALE BEHIND REVISED PROMISES |
| 11 AM HOUR OF POWER/11 TH STEP MEETING - AFTER CHAT | 8 PM TELESERVICE COORDINATOR |
| 12:30 <u>NICOTINE ANONYMOUS, THE BOOK P. 21</u> | 9 PM SERENITY PRAYER FOR NICOTINE USERS MEETING - AFTERCHAT |
| 1PM EMAIL PENPAL PROGRAM | 10:30 PM <u>OUR PATH TO FREEDOM P.37</u> |
| 2PM SPANISH MEETING | 11:30 PM NICOTINE FREE COUNT DOWN |
| 3PM EMAIL SERVANT OF NICA | MIDNIGHT TOPIC MEETING |

HOW TO ATTEND VOICES OF NICOTINE RECOVERY MEETINGS ONLINE: 1. Download Paltalk Messenger 2. Log into Paltalk 3. Select **Chat Rooms > Health > Overcoming Addiction > Voices of Nicotine Recovery.** YOU ARE NOW IN THE MEETING!

<http://www.voicesofnicotinerecovery.com/calendar>

<https://support.paltalk.com/> - support for desktop and mobile devices

or email info@voicesofnicotinerecovery.com ...prior to marathon!

